Knights of Columbus

October 2023 Newsletter

St. Peter's Parish Council 13404, 511 Cheapside Street, London, Ontario, N5Y 3X5

Grand Knight's Comments: Lawrence Jardine



Brother Knights, let us reflect on our role in parish life and how we act out our three pillars of the Knights - **charity**, **unity and fraternity**. In the present circumstances, we need to examine how the council can deliver on this.

Naturally our focus on Charity is about service to our community food drives, coats for kids, volunteer work, working with the St, Vincent de Paul and collaborating with our parish priest to fill the needs.

As Knights, all know that – in unity– we can accomplish far more than any of us could individually. So we stick together...we support one another. That doesn't mean that we always agree or that there is never a difference of opinion. It does mean that – as a Knight of Columbus – you can count on the support and encouragement of your brother Knights as you work to make life better. We do need to acknowledge that we have the additional challenge of not having the opportunity to "do things" that would build community in our parish due to lack of presence. We can focus on this as a problem, or we can see it as a challenge.

This brings us to fraternity. Maybe, now that the council is entering its 20th year in existence, we need to step back and re-orient. Develop our spiritual life. Develop new programs. Strengthen the brothers. Be not afraid. Go out into the deep!

Special thanks to **James Vollmer** who organized the **Metro Food Drive** and **Ron Schroder** who organized **the Church Drive**.







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Insurance Agent's Message: Br. John Noonan

Top 10 Facts to Know About Long-Term Care Planning



Next month, November, is National Long-Term Care Awareness Month, an event recognized by Congress, Parliment and a number of States and Provinces.



To mark the occasion, here are 10 interesting facts shared by the American Association for Long-Term Care Insurance.

- #1 North Americans are living longer, in large part due to advances in medical care and public health. Life expectancy in the US for those reaching 65 was 20 years on average in 2019.
- #2 By 2030, one in five residents in the North America will be age 65 or older.
- #3 The number of people in need of long term support services (LTSS) in the North America is already at 14 million and expected to grow to 27 million by 2050.
- # 4 Average out-of-pocket costs are \$140,000 for those individuals who utilize paid long term support services (LTSS). Roughly 17 percent will spend over \$100,000 on LTSS. Almost 9 percent will spend over \$250,000 on LTSS.
- # 5 By 2040, the total prevalence of Alzheimer's disease and related dementias in North America is expected to approximately double from 7.2 million to nearly 13 million, with 8.5 million women and 4.5 million men expected to develop dementia.
- #6 For those requiring high levels of LTSS, individuals and families pay 55 percent of long-term care costs out of pocket.
- #7 Currently, the majority of older single-person households are female. Women comprised 74 percent of solo households age 80 and over.
- #8 Some 7.5 million North Americans have some form of longterm care insurance. Two-thirds of all new individual longterm care insurance claims pay for care needed by women.

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9 – The long-term care insurance industry paid out \$11 billion in benefits to some 310,000 individuals with insurance protection in 2019. The number will increase each year as the current number of policyholders grow older and, as a result, are more likely to begin their claim.

10 – 69.5 percent of new claims start after the policyholder reached age 80. If you live have a policy to pay benefits. a long life, you are very likely to need long term care. You'll be very glad you have a policy to pay benefits.



Did You Know.....

The Lancet windows in the West Transept contain the bust figures of the 12 Apostles, four on each window. Each scroll between the images show a written phrase of the Apostle's Creed: i.e. the twelve articles of the Apostle's Creed.

The item in each of the Apostle's hand denotes his type of occupation.

On the north wall is a shrine containing a statue of our Lord being held by His Blessed Mother after He was taken down from the cross. It is known as the "PIETA". Some say it was originally in colour but has worn off? It is a much smaller copy of the famous one by Michelangelo that can be seen in St. Peter's in Rome.

Remember in your prayers those who are ill and pray for the repose of the deceased souls