



Knights of Columbus

November 2024 Newsletter

ST. PETER'S PARISH COUNCIL 13404, 511 CHEAPSIDE STREET, LONDON, ONTARIO, N5Y 3X5



Grand Knights Comments: Joe Sales

"Tempus Fugit, Memento Mori"

I've titled this message Tempus Fugit, Memento Mori because in English, it means time flies, remember death. As we begin this month, I am reminded of the four last things which are **Death, Judgement, Heaven, and Hell**. As Knights, we are reminded of this especially when we joined the order.

The month of November is dedicated to the Holy Souls. During this month, The Church celebrates the feast of All Saints and All Souls. **It is important that we pray for our loved ones who have died.** This month is a tough one for me because my mom, Julie Sales, died on November 3rd, 2012 from a heart attack in her sleep.

While we remember the Saints and the souls of those who have gone before us, **a good practice to have is to visit a local cemetery and spend time praying for the dead.** There are indulgences one can receive from praying the Our Father and Creed in a Church or Oratory, visiting a cemetery, and receiving the Sacraments. I invite you to look into the indulgences. If you have questions about that, please ask your priest.



For me, during this month of November, I always make it a point to visit a local cemetery on the day of my mom's death because even though she is not buried locally, it helps me to be connected to her through prayer.

I encourage you to find a good book that will help guide you in prayer and reflection during this month as you remember those who have gone before us. For Brother Knights and those who have died, Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

Matt's Musings - Purgatory



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It is an often expressed sentiment, on the death of someone, that “they have gone to a better place.”

This is a nice sentiment and helps those left behind deal with loss. But I worry that by thinking in this way, (that the deceased is immediately in a better place) we may be doing a massive disservice to our deceased loved one.

Purgatory (for almost all of us) is a necessary step on our path to heaven. Protestants deny the existence of Purgatory (based on Martin Luther's removal of the Book of Maccabees from the Protestant Bible). But, The Catholic Church in paragraph 1030 and one of the Catechism of the Catholic Church makes it very clear that Purgatory does exist. (Please read these sections and/or talk to a priest for more information).



Consequently, I believe that the death of a loved one just means that we need to start praying for them (or if we were praying for them already, to pray harder). We need to get them from purgatory to heaven.

Luckily, the Church offers us several tools that we can use to help our departed loved ones. My favourite is coming up in the first week of November. **During this week (the 1st to the 8th), it is possible to obtain a plenary indulgence** (the removal of the time portion of someone's punishment) (in other words, move them to heaven now) if a few steps are followed:

- 1) *Visit a Cemetery (Doesn't have to be a Catholic one.)*
- 2) *Pray for the deceased loved one.*
- 3) *Receive Communion*
- 4) *Make a Confession within 20 days before or after.*
- 5) *Be in a state of grace and be detached from sin, even venial sin.*
- 6) *Pray for the intentions of the Holy Father for the month of November (Usually an Our Father and a Hail Mary)*



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The plenary indulgence can be obtained once a day for each of the days, so 8 of your deceased friends/family can be assisted. But, except for the confession, which is good for “several” indulgences, each of the other 5 steps must be done each day to receive the plenary indulgence.

I have been trying to obtain a plenary indulgence for my dad for the past couple years. I may have succeeded, in which case my efforts are not necessary for him, but it is never safe to assume someone is in heaven (what if they're not and no one prays for them?). **As well, prayer is never wasted.** If I obtain a plenary indulgence for someone who doesn't need it, our Holy Mother will dispense the graces to someone who does.

One other tool we have for our loved ones is the Prayer of St. Gertrude. St. Gertrude the Great was a 13th century Benedictine nun and mystic. **Our Lord promised her that EVERY TIME the following prayer was said devoutly, ONE THOUSAND SOULS** would be released from Purgatory.

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

Gotta go, working on emptying Purgatory, 1000 people at a time.



*Remember in your prayers
those who are ill and pray
for the repose of the
deceased souls*



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Knights Insurance Agent – John Noonan

This time of year, we give thanks for the many blessings in our lives. I'm thankful to call each of you my brother Knight, and I give thanks to God for all he has helped us do in our community this year.

Like many of you, I became a Knight out of love for my family. I wanted to join other Catholic men in becoming a better man, husband and father. I wanted to be a better Protector of my family.



Knights of Columbus is your capable partner in this pursuit. In addition to helping form members in faith, we also offer a variety of insurance products to help you protect your family financially.

One way to protect your family is to start thinking about your family's future and extended care event could make a large impact. Do you know somebody that has experienced an extended care event – if so, how did that impact their family's situation?

I want to take this opportunity to help you prepare for the possibility that you or your spouse may one day need extended care. **November is Long-Term Care Awareness Month.**

With that in mind, I would like to share a valuable resource available to you and your family and would encourage you to check this out.

What Care Costs gives you access to view the costs of **Skilled Nursing Homes, Home Health Aides and Assisted Living Facilities** in your area and across the country. This service is available **free of charge to all our members** regardless of whether or not you hold an insurance policy with Knights of Columbus. Visit www.whatcarecosts.com/KnightsofColumbus and enter sponsor code "KofC" to get started. We want to help families focus on their time with their loved ones – not the financial cost of caring for them.



Now is the time to prepare for your family's future needs. As your Knights of Columbus agent, I can help you review your financial goals and ensure you have an extended care plan in place. Come talk to me to set up an appointment.



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Thank you for your time, and I hope you and your loved ones had a blessed Thanksgiving. Vivat Jesus!

Pizza Night

(Roger Khouri)



Join us at Tony's Pizza (corner of Dundas St and Quebec St) on Saturday November 30th at 6:30 pm for a delicious dinner. Brother Knights of our council and their spouses are invited to get together for fun and fellowship. We will invite the widows of brother Knights to join us too. Cost is \$22.95/person plus taxes and gratuities (paid directly at the restaurant after dinner).

Dinner is a buffet of assorted pizza, chicken bites, pasta, garden and Caesar salad, pop, coffee/tea. We will also have a cake for dessert. **Please reach out to our Grand Knight and let him know if you plan to attend so that we can relay this info the Restaurant.** Thank you and hope you can make it out on November 30th.

Upcoming Events

- September 25 - to November 3 *
40 Days For Life
- November 14 – General meeting
- November 26 – Executive Meeting
- November 30 – Pizza Night