



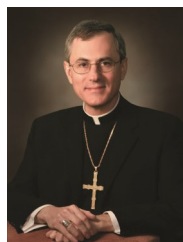
London North Central
Catholic Family of Parishes

PARISH BULLETIN

*Serving the communities of
St. Josephine Bakhita African & Caribbean
Catholic Community, St. Michael's Parish, and
St. Peter's Cathedral Basilica*

Third Sunday of Lent

March 12, 2023



Most Rev. Ronald P. Fabbro, C.S.B.
Bishop of London

PARISH STAFF

Pastor

Fr. Daniel Bombardier
ext 222 • dbombardier@dol.ca

Associate Pastors

Fr. Christopher Pietraszko
ext 225 • cpietraszko@dol.ca

Fr. Sekar Raj
ext 224 • sraj@dol.ca

Permanent Deacons

Dcn. Gaston Mabaya
ext 237 • gmabaya@dol.ca

Dcn. Rudy Pflanzner
ext 236 • rpflanzner@dol.ca

Pastoral Ministers

Cathryn Hall
ext 226 • chall@dol.ca

Debbie Walsh
ext 227 • dwalsh@dol.ca

Family & Youth Minister

Leigh Duckworth
ext 229 • lduckworth@dol.ca

Business Manager

Lori Clark
ext 240 • lclark@dol.ca

Communications Coordinator

Vianca Kmet
ext 201 • vkmet@dol.ca

Reception/Secretary

Mary Cole
ext 200 • stmichlon@dol.ca

Financial Secretaries

RoseMary Cleary
ext 242 • rcleary@dol.ca

Jolanda Squire
ext 241 • jsquire@dol.ca

Jesus: The Word, The Life, The Light

"Beginning with today's Eucharistic Liturgy we will be reading and hearing stories from John's Gospel for the next two weeks as well. There are many symbols and images there for our pondering and profit. For a deeper understanding of these Readings, it would be helpful to return to the first nineteen verses in chapter one, (The Prologue) in which key symbols are presented as hints to a clearer understanding and receiving the Jesus within John's whole Gospel.

Jesus is "The Word" to be heard, "The Life" to be lived, and "The Light" to be seen. This Word, Life and Light becomes flesh to speak and be taken in. This Life is to be lived and shared. This Light is both to be seen and to be displayed by all who hear, live and see.

John uses often the light of the sun and the darkness of night as images of good things happening and bad as well. In today's Gospel, the event takes place at noon. Obviously there is much in today's Readings about water and thirst and grumbling. In our First Reading from Exodus the very last verse is the central theme, "Is the Lord in our midst or not?" Our Gospel answers this!

Light is both seen and shines so that all else can be seen. Next Sunday's Gospel will be all about the Light curing the inability to see, the inability to believe. Today's Gospel in the mid-day light has Jesus offering Life to not only a woman of her culture, but a woman from an alien group. She gets more than she is asking for. The Word, the Life and the Light are offering a new way of her seeing herself and she hears, receives and returns having a changed vision of herself, her identity, her dignity. She leaves her old water jar and returns inviting other villagers to "come see: a man who has given her a new sight of belief in Him and herself.

Where is Lent for us in all this? Well, the women of the village usually came to the well very early in the morning. This woman was excluded from that water brigade, because of her multi-marriage lifestyle. Jesus addresses her first and by doing so begins helping her see herself, because of His being the Light. As mentioned, she leaves behind her old jar (identity) and returns with a new "water welling up to eternal Life".

Whatever we are giving up or away this Lent, whatever "jar", it seems that it is Lent if letting it go allows for more going out, going into, bringing Light, Life and Jesus into community rather than doing a penance just for ourselves. The old "jar" is the symbol for our old image which keeps us less relational. Jesus as Light shines upon our whole self, not just our darkness. Jesus invites rather than indicts and this leads us to Easter!"



Lenten Lunches at St. Peter's Gym

St. Peter's CWL is hosting Lenten lunches on Wednesdays after the noon Mass. The lunches will take place until March 29th. Please enter off of the south parking lot entrance into the gym of the Parish Centre. Cost is freewill donation.

St. Michael's CWL Lenten Cross

The CWL Lenten Cross initiative continues as we enter the third week of Lent. All parishioners are encouraged to participate by taking a prayer request card and/or leaving one in the baskets provided at both entrances to the church. This is a wonderful opportunity to support one another in prayer and to build a sense of community as we journey through this season of Lent.



2023 Lenten Food Drive

The Lenten Food Drive concludes this weekend. All proceeds go to support St. Paul's Social Services Fellowship Centre and Foodbank.

Food items most needed:

*Tuna, Mayonnaise, Cereal, Mac and Cheese (KD)
Spaghetti Sauce, Pasta Canned Meat, Peanut Butter
Tea Bags and Coffee, Onions, and Potatoes*

Cash and grocery store gift cards are gratefully accepted.

Food Donations can be dropped off in the narthex at both parishes. Gift card and financial donations can be placed in the collection baskets marked "Food Drive", or by e-transfer to basilica@dol.ca.

Thank you for your support for our brothers and sisters in need in our community.



Come and See Weekend

St. Peter's Seminary invites you to an in-person discernment retreat for men 17 years old and older that are considering a call to the priesthood. This weekend offers a firsthand experience of the life of a seminarian, provides spiritual help for discernment and offers the opportunity to meet current seminarians and faculty of St. Peter's Seminary. **Friday, March 17 to Sunday, March 19**, at St. Peter's Seminary. Please get in touch with Fr. Danny Santos at vocations@dol.ca for more information. To register, visit our website at www.dolpriest.ca/registration.

Stations of the Cross

Each week the Family of Parishes celebrates the Lenten devotion Stations of the Cross on Fridays at 12:45 p.m. at St. Peter's Cathedral and at 7:00 p.m. at St. Michael's Parish.

This year Dr. Ron Fox, organist at St. Peter's, will perform the organ work "**Stations of the Cross**" by composer **Marcel Dupre with poetry by Paul Claudel on Friday March 31, 2023 at 7:30 p.m. at St. Peter's Cathedral**. A free will offering will be taken with proceeds to ongoing organ maintenance. All are welcome.



St. Patrick Secondary Patron of the Diocese of London



This coming **Friday, March 17**, we celebrate the Secondary Patron of the Diocese of London, St. Patrick.

"St. Patrick's Breastplate is a popular prayer attributed to one of Ireland's most beloved patron saints. According to tradition, St. Patrick wrote it in 433 A.D. for divine protection before successfully converting the Irish King Leoghaire and his subjects from paganism to Christianity. (The term *breastplate* refers to a piece of armor worn in battle.)

More recent scholarship suggests its author was anonymous. In any case, this prayer certainly reflects the spirit with which St. Patrick brought our faith to Ireland! St. Patrick's Breastplate, also known as *The Lorica of Saint Patrick* was popular enough to inspire a hymn based on this text as well." (Source [here](#).)

A shorter version of this prayer is often prayed as follows:

*Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.*

The complete St. Patrick Breastplate (Lorica of St. Patrick) can be found [here](#).

Journey with the Cross—Lenten Parish Mission

with Catholic speaker & musician, Chris Bray

Sunday, March 26–Tuesday, March 28

St. Peter's Cathedral at 7:00 p.m.-8:30 p.m.

Lenten Day of Confessions

The Diocesan Lenten Day of Confessions will take place on **Wednesday, March 29, 2023** at all parishes across the Diocese. The schedule for the London North Central Catholic Family of Parishes is as follows:

St. Michael's:

8:30 a.m.-12:30 p.m.; 7:00 p.m.-9:00 p.m.

St. Peter's:

9:00 a.m.-11:30 a.m.; 1:00 p.m.-5:00 p.m.





RCIA: We Celebrate—We Believe

It takes a parish to initiate. For this reason, the Scrutinies which are celebrated the 3rd, 4th and 5th Sundays in Lent will take place at three different Mass times. **March 12 (11 am**

St. Peter's; 12 pm St. Michael's), March 19 (5pm at both St. Peter's and St. Michael's) and March 26th (11 am St. Peter's; and 10 am St. Michaels).

The Scrutinies are "rites for self-searching and repentance. They are meant to uncover, then heal all that is weak, defective, or sinful in the hearts of the elect, to bring out, then strengthen all that is upright, strong and good."

As the RCIA journey continues throughout Lent, each of us is asked to continue to reflect on our lives and open our hearts to God's grace and transformation.

This week, we pray in solidarity with our elect as we hear the gospel of the Woman at the Well. We are asked to consider, and name what it is we thirst for; in our world, in our community and in our own lives.

Let us continue to surround our elect; *Duncan, Sharon, Rania, Graham, Ricki-Lee, Deyo, Jane, Cybil, Nora, Andrew, Michael, and Joe* with our prayers as our parish family continues to journey in faith to the healing waters of baptism.



Journey Through Lent

The Canadian Conference of Catholic Bishops Journey Through Lent video series continues each week. On this Third Sunday of Lent, Most Reverend Brian Dunn, Archbishop of Halifax-Yarmouth, provides a reflection on the Samaritan woman at the well and conversations of significance. The video can be found [here](#).

Spiritual Pondering

"Give me something to drink"... John 4.5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there. In those times stories were oral and would take perhaps half a day to tell and listeners would recall the various events. John sets the scene placing us in the history of salvation.

Jesus came to an Ontario city named London, the L.N.C.C.F.P. was carrying on the long tradition of storytelling and celebrating. Jesus met a parishioner (you), and asked you for a drink. He converses with you, he knows everything. He looks you directly in the eye, into your soul.

*How have you experienced Jesus looking at you so intently, so lovingly, so personally? In what area of your life is he asking you to turn around? To repent?
To believe the Good News?*

Share your thoughts, if you are so inclined. Email Debbie.dwalsh@dol.ca or basilica@dol.ca. Ponderings of our parishioners can also be found on our parish webpage.

Share Lent 2023 Create Hope Stand for the Land Prayer



Loving God!

*We believe that we are one great human family.
You call us to walk together and to recognize the dignity of every person.*

*We believe that we share a Common Home.
You call us to care for all of Creation.*

*We believe in the sanctity of life.
You call us to treat all people with kindness and compassion in the way of Christ.*

*We believe that you reign in justice, peace, and joy.
You call us to put your Word into practice to build a more just, humane and joyful world.*

Lord Jesus!

Guide us to be in solidarity with the joys, hopes, sorrows and anxieties of all people, especially those impoverished by unjust socio-economic and political systems.

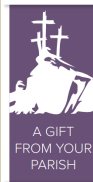
Help us to follow your footsteps, to be bearers of the Good News.

Holy Spirit!

Inspire us to find new and creative ways of responding to your calls.

Strengthen us in our commitment to Create Hope in our world.

Amen.



Full Access to FORMED! The Catholic Faith. On Demand.

We are pleased to give you a free subscription to formed.org. Discover all the best Catholic content in one place—a great resource especially during this Season of Lent. Inspiring movies, enlightening programs, talks, and a great selection of popular e-books! Register now at FORMED.org/signup. More info [here](#).



Resources for LNCC Kids are available in the narthex. An e-copy of the Kids' Bulletin can be found [here](#) and if you have not grabbed a copy of the *Journey Together to the Cross Lent & Holy Week 2023*, access it [here](#). For inquiries, please contact Family & Youth Minister, Leigh at lduckworth@dol.ca or 519-433-6689.

Holy Family Retreat House

*5-Day Silent Retreat with Spiritual Direction
April 30 to May 4, 2023 at Holy Family Retreat House*

This 5-Day Directed Silent Retreat provides you with individual direction in an environment of silence and prayer. A certified spiritual director meets with you each day, listens as you share your prayer experiences, helps you reflect on them and discover the path God is revealing to you. This facilitates a deepening of your relationships with God. The retreat begins at 7pm on Sunday night and concludes at 11:30am on Thursday morning. Cost is \$700 per person, and includes a regular room, meals, and program costs. Register by calling the retreat house: 519-738-6136 or at hfrh.ca/retreat-reservation-form.

REQUESTED MASS INTENTIONS

Monday, March 13

St. Michael's at 7:00 PM

Carmelo Laga Sr. requested by Maria Luz Inson
Deceased Family Members requested by Marilyn Morgan
Peter & Elaine Feeney requested by Peter Feeney

Tuesday, March 14

St. Michael's at 8:00 AM

Barbara Devlin requested by Veronica Solis
JoAnne Merner requested by Mary Kay
Souls in Purgatory requested by Palcich Family

St. Peter's Cathedral at 12 Noon

Valerie Cox & Deceased Family Members
Guido Bombassaro
Edward Mentley

Wednesday, March 15

St. Michael's at 8:00 AM

William Strybosch requested by Johan Denys
Deceased/Living Family/Friends of Solis/Reyes Families req by Veronica Solis
Marco Mazariegos requested by Patricia Mazariegos

St. Peter's Cathedral at 12 Noon

Sister Joseph; Noemi Antaran
Souls in Purgatory

Thursday, March 16

St. Michael's at 8:00 AM

Fr. Stephen Bodnar requested by Julianna Bodnar
Barbara Devlin requested by Michele Martin
Mike D'Andrea requested by Carmen & Claudio DeVincenzo

St. Peter's Cathedral at 12 Noon

Anne Ennett
Sleiman Khouri
Intentions of the Holmes Family



Friday, March 17

St. Michael's at 8:00 AM

Harvey Wilbur requested by Marilyn Morgan
Steve Morgan requested by Marilyn Morgan
Souls in Purgatory requested by Palcich Family

St. Peter's Cathedral at 12 Noon

Patrick Cowan
Brent Dymont
Greg Kelly

We remember in prayer all those who are sick. We also pray for those who have died including Salvina Said; and Lois Ann McHardy; and comfort those who mourn.

We pray for those serving in pastoral ministry throughout our diocese:

Rev. Gerard Bedard; Rev. Joseph Kannath; Alice Chinnick, Catechist; Rev. Russell (Rusty) Shantz; Filipe Da Silva, Pastoral Minister of Faith Formation; Rev. Anthony Eboh; Rev. Stanislaw Izdebski

Offer a Mass for a loved one, or in thanksgiving. Contact the parish office or visit www.lncc.dol.ca/mass-prayer-requests.

READINGS FOR MARCH 19, 2023 FOURTH SUNDAY OF LENT

First Reading - 1 Samuel 16.1, 6-7, 10-13
Responsorial - Ps 23.1-3a, 3b-4, 5, 6
R. The Lord is my shepherd; I shall not want.
Second Reading - Ephesians 5.8-14
Gospel - John 9.1-41 or John 9.1, 6-9, 13-17, 34-38

MASS & CONFESSION TIMES

Weekdays during Lent

St. Michael's: Monday 7 pm; Tuesday-Friday 8 am

St. Peter's Cathedral: Tuesday-Friday 12 pm

Weekends

St. Michael's: Saturday 5 pm; Sunday 8 am, 10 am, 12 pm

St. Peter's Cathedral: Saturday 5 pm*; Sunday 9 am, 11 am

*Live-streamed Mass

St. Josephine Bakhita Community:

4th Sunday of the month, 2:30 pm (at St. Michael's)



Stations of the Cross

St. Peter's Cathedral: Fridays 12:45 p.m.

St. Michael's: Fridays 7:00 p.m.

Sacrament of Reconciliation at both Parishes

Saturdays 9:00 a.m. to 10:00 a.m.

Or contact one of our priests for an appointment.



Are you new in the community? Register at www.lncc.dol.ca/join-our-family or get a parish registration form from our volunteers.

Profile info change? Connect with us!



Join a Ministry. Be a Volunteer!

Visit www.lncc.dol.ca > Click the tab, "Ministries & Social Groups"



ST. PETER'S QR CODE

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www.lncc.dol.ca/donate



ST. MICHAEL'S QR CODE

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- Credit Card via Pllenty
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- Scan the QR Code & follow the prompts
- Pre-Authorized Giving (PAG) Plan
- Canada Helps canadahelps.org

Your donations support the activities which enrich and nourish the spiritual life of the parish. The donations you give go to the collections of the specific parish that you select. Charitable tax receipts are issued in the new year following.

CONTACT US

St. Michael's Parish

Location: 511 Cheapside Street, London, Ontario N5Y 3X5

Contact: Tel./Fax 519-433-6689 | stmichlon@dol.ca

St. Josephine Bakhita

African & Caribbean Catholic Community

c/o St. Michael's Parish | Contact Amedeo Awai

stjosephinebakhita2020@gmail.com

St. Peter's Cathedral Basilica

Location: 196 Dufferin Avenue, London, Ontario N6A 1K8

Contact: Tel. 519-432-3475 | basilica@dol.ca

Offices and Mailing Address of Parishes:

511 Cheapside Street,
London, Ontario N5Y 3X5

Office Hours

Mondays to Fridays 8:30 a.m.–3:30 p.m.

We're online! www.lncc.dol.ca



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